

**COLUMBIA HIGH SCHOOL**

**TEAM ITINERARY**

**JUNE 10TH**

**7:30 AM Meet @ Columbia HS and load vehicles**

**8:00 AM Depart to Garden Valley, ID**

**9:30 AM Arrive to Garden Valley HS**

**10:00 AM Check-in/Registration**

**\*\*\*modified camp schedule\*\*\***

**11:00 AM Session 1**

**12:00 PM Lunch**

**2:00 PM Session 2**

**3:00 PM Intensive Practice**

**6:00 PM Dinner**

**8:00 PM Session 3**

**9:00 PM Motivational Speaker**

**11:00 PM Lights Out**

**JUNE 11TH**

**6:00 AM Champion GUTS Workout**

**7:00 AM Breakfast**

**10:00 AM Technique Session by Distinguished Guest Clinician**

**12:00 PM Lunch**

**2:00 PM Live Dual**

**3:00 PM Intensive Practice**

**6:00 PM Dinner**

**8:00 PM Camp Tournament**

**9:00 PM Motivational Speaker**

**11:00 PM Lights Out**

**JUNE 12TH**

**6:00 AM Champion GUTS Workout**

**7:00 AM Breakfast**

**10:00 AM Technique Session by Distinguished Guest Clinician**

**12:00 PM Lunch**

**2:00 PM Live Dual**

**3:00 PM Intensive Practice**

**6:00 PM Dinner**

**8:00 PM Camp Tournament**

**9:00 PM Motivational Speaker**

**11:00 PM Lights Out**

**JUNE 13TH**

**6:00 AM Champion GUTS Workout**

**7:00 AM Breakfast**

**10:00 AM Technique Session by Distinguished Guest Clinician**

**12:00 PM Lunch**

**2:00 PM Live Dual**

**3:00 PM Intensive Practice**

**6:00 PM Dinner**

**8:00 PM Camp Tournament**

**9:00 PM Motivational Speaker**

**11:00 PM Lights Out**

**JUNE 14TH**

**6:00 AM Champion GUTS Workout**

**7:00 AM Breakfast**

**10:00 AM Technique Session by Distinguished Guest Clinician**

**12:00 PM Lunch**

**2:00 PM Live Dual**

**3:00 PM Intensive Practice**

**6:00 PM Dinner**

**8:00 PM Camp Tournament**

**9:00 PM Motivational Speaker**

**11:00 PM Lights Out**

**JUNE 15TH**

**6:00 AM Champion GUTS Workout**

**7:00 AM Breakfast**

**10:00 AM Technique Session by Distinguished Guest Clinician**

**12:00 PM Lunch**

**2:00 PM Live Dual**

**3:00 PM Intensive Practice**

**6:00 PM Dinner**

**8:00 PM Camp Tournament**

**9:00 PM Motivational Speaker**

**11:00 PM Lights Out**

**JUNE 16TH**

**6:00 AM Champion GUTS Workout**

**7:00 AM Breakfast**

**9:30 AM Closing Ceremony**

**11:00 AM Camp Dismissal**