

TOUGH AS NAILS (Girls Varsity) and CAPITAL JV



TOURNAMENTS



Itinerary

Date: Saturday, December 11, 2021
Location: Capital High School, Boise ID
Weighins: Friday, December 10, 2021 – 4:30 pm (at Columbia HS)

Team Schedule:

7:00 am: Arrive to Columbia
7:15 am: Depart Columbia
8:00 am: Arrive to Capital HS
8:15 am: Begin Team Warmup
9:00 am: Both Tournaments Begin
5:00 pm: *Approximate Ending Time (No Promises here)*

-Local tournaments like this require for you to pack your own food and beverages for the day...please pack plenty of fluids and good healthy snacks for the tournament

-Spirit Pack warmups are required to be worn for the event

-All team members **must** ride the bus to the tournament

-All team members **must** stay until the tournament is over for **all** teammates

-Wrestlers may be checked out to a parent and not be required to ride the bus back to the school