

Columbia  Wrestling

Coach Ryan French

JV WRESTLING COACH – 6TH YEAR

Hudson Valley Community College Graduate -2005
*** Paramedic Degree***

Corning Community College Graduate - 2004
*** Fire Protection Degree***

Columbia High School – Class of 2003

Occupation: Fireman / EMT (City of Albany Fire Department)

Coaching Career at Columbia:

Youth Wrestling Coach (2005-Current)

Modified Wrestling Coach (2005-07)

JV Wrestling Coach (2007-Current)

Wrestling:

2001 Section II Class A Champion

103 Career Varsity Wins

Personal:

Coach French enjoys traveling and camping in the off season. Ryan has one brother Brendan and is the son of Rich and Kathy French of Defreestville. Coach French's parents are huge consistent supporters of the Columbia Wrestling family.