



Bob Crain-Assistant Varsity Coach / 8th Season

1984 Columbia HS Graduate
1989 Albany College of Pharmacy Graduate

Occupation: Pharmacist (Target)

Coach: Varsity Wrestling Assistant

Coaching Career: Columbia Wrestling

- EG Youth Wrestling Instructor: 1995-2002
- Program Assistant Coach: 2002-2006
- Varsity Assistant Coach: 2006-Current

Coaching Awards:

2007 Section II Asst. Coach of the Year

High School Wrestling Accomplishments:

28-2 Overall Record (Senior Season 1983-84)
Suburban Council Tournament Champion (1984)
Columbia Holiday Tournament Champion (1983)
Section II Class A Finalist (1984)

Personal:

Bob is married to his high school sweetheart Stacey and has two children, Jessica and Zachary. Jessica is following her Dad's footsteps and is in her 4th year at Albany College of Pharmacy. His son Zach is a freshman at the University of Binghamton. His son Zach holds the all time wins in Columbia Wrestling history (221 wins) and was a NYS Finalist in 2008. Bob's wife Stacey and his parents are very active and supportive with the Columbia Wrestling Family and booster Club.