

Columbia  Wrestling

Hall of Fame Coaches

Jim McHugh

Inducted into the Columbia Athletic Hall of Fame in 2008
2004 Division I Section II Team Champions
2004 Team Sportsmanship Award
3x Class A Team Runner Ups: NYSPHAA Award Earned
Coached Columbia's only NYS Champion
Coached 11 Class A Individual Champions
Coached 31 Individual Section 2 Place finishers
2x Class A Coach of the Year
2004 Times Union Coach of the Year
100 Coaches Wins Section II Century Club

*Joe McCabe

Inducted into the New York State / National Wrestling Hall of Fame in 2011
Inducted into the Section II Wrestling Hall of Fame in 2009
345 Career Coaching Victories at Maple Hill High School
14 League Championships, 17 Section II Finalist & 5 Section II Champions
2003 Section 2 Wrestling Program Dedication Honoree
Top 15 NYS in Coaching Wins-All Time

** Current Varsity Assistant Wrestling Coach at Columbia*

Ken Baker

Inducted into the Section II Wrestling Hall of Fame in 2008
Coach Baker coached at Columbia from 1964-1969 then moved on to Hoosick Falls
& Cambridge High Schools.

Ken Baker coached both Football and Wrestling at all three Schools winning
numerous titles mainly in Football at the Sectional and State levels with Cambridge



Hall of Fame Wrestler

Shawn Sheldon

Columbia High School Wrestler from 1978-1982

Outstanding Wrestling Acheivments

2x Olympian 1988 & 1992, 4th place 1992, 3x Olympic Alternate 1984, 1996, 2000

9x US National Open Champion

17x US National Open Finalist

US National Team Member 13 Consecutive years 1988-2001

3x Belt Series Recipient 1989, 93, 98

(USA Wrestling Outstanding Wrestler for the year)

4x World Cup Champion, 9x Medalist (USA Record)

NCAA Champion Div.III, 3x All-American

3rd Place NYSPHAA Championships 1982

USA Wrestling Coach of the Year 2006

USA World Team Coach 2006

2008 Section II Wrestling- DeMeo Hall Of Fame Inductee

** Shawn currently resides in Florida and has been the Florida National Team Coach since 2003.